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# Manassas Tribune

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February  
2011



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Manassas Health & Rehab Center, 8575 Rixlew Lane, Manassas, Va. 20109 703-257-9770 [www.manassas-rehab.com](http://www.manassas-rehab.com)

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## Celebrating February

**Black History Month**

**Groundhog Day**  
*February 2*

**Chinese New Year**  
*February 3*

**Super Bowl XLV**  
**Steelers vs. Packers**  
*February 6*

**Valentine's Day**  
*February 14*

**Sadie Hawkins Dance**  
*February 15*

**Presidents' Day**  
*February 21*

**Old Time Way Band**  
*First Tuesday at 7 p.m.*

**Knights of Columbus Bingo**  
*Second Tuesday*

**Manassas Assembly of God**  
*Sundays at 9:30 a.m.*



### *From your administrator...*

Hello everyone. The month of February brings thoughts and memories connected with Valentine's Day, the excitement and competitiveness of the Super Bowl and the significance of historical dates. During the month we will have many activities connected to these events, including a Sweetheart Social at 6:30 p.m., February 15<sup>th</sup>

with light refreshments and door prizes. Please mark your calendars and plan to celebrate Valentine's Day with our residents and staff.

The theme of this month's Community Thought Leader Program will be heart disease prevention. Please join us at 3 p.m., in the dining room.

During January we added four new very qualified employees to our staff. Linda Woodworth, RN, is the unit manager on Magnolia and Evergreen. She comes to us from Prince William Hospital. She has years of experience in home health care. Latchmie Fox is our new admissions coordinator. Prior to joining our staff, Latchmie was a member of the admissions team at Westminster at Lake Ridge, a Northern Virginia Retirement Community. Sherri Sellers is our human resources/accounts payable manager, after more than 18 years at Prince William Hospital. Dee Shimelis is our new business office assistant. She came to us from Cameron Glen in Reston, Va., where she was the skilled unit secretary. We are fortunate to have this very capable group joining our team!



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## *Getting to know you...*



Lillian Porter was born in Thomasville, N.C. on September 24, 1927. Her parents were the late Henry and Lillie Mae Brown. Lillian is the eldest of five children. Her mother worked in homes ironing clothes for Thomasville's white businessmen. Her father was a factory worker for the Thomasville Chair Company, where he made some of the world-famous Thomasville Furniture.

In 1944, Lillian enrolled in college at the Agricultural and Technical College of North Carolina, now known as North Carolina A&T State University. She majored in education with an emphasis in commercial education. In 1948, Lillian received her Bachelors Degree in Education from North Carolina A&T State University. In 1978, she received her Masters in Guidance and Counseling from Virginia Polytechnic Institute and State University (Virginia Tech) in Blacksburg. Upon graduating from North Carolina A&T State University in 1948, Lillian moved to King George County, Va. and began her teaching career as a commercial education teacher with the King George County Public Schools. In 1948, the King

George County Public Schools, like many schools throughout the South, were segregated. This was based on the 1896 Plessey v. Ferguson landmark U.S. Supreme Court decision upholding the constitutionality of racial segregation even in public accommodations, under the doctrine of "separate but equal".

As "separate but equal" was the law of the land at that time, the Virginia State Conference of the National Association for the Advancement of Colored People (NAACP) challenged the conditions of the black high school in King George County. This challenge accompanied a threat to integrate the white high school the next year if the county did not construct a new school for its African American students. As a new teacher in King George County, Lillian refused to buckle under pressure from the King George County School Board and joined with the NAACP in its effort to build a new high school for African American children in King George County. The next year the King George County Public School system opened the new Ralph Bunche High School for the county's African American students.

Lillian's contributions did not end in King George. After marrying Carroll F. Porter of Dumfries, Va. in 1955, she began teaching in Prince William County. She was in the second wave of African American teachers that integrated the Prince William County Public Schools in the mid 1960's. In her second year of teaching in the newly integrated Prince William County Public School system, she was named chairman of the sixth grade department by James Leo, principal of Marsteller Middle School.

Upon her retirement in 1982, Lillian continued to work in the interest of the students, parents and teachers in Prince William County as the Education Committee chairman for the Prince William County Branch of the NAACP. As Chairman of the Education Committee, Lillian monitored the conditions of the schools and was instrumental in the development of the Multicultural Education Program in Prince William County. In partnership with the Prince William County Public Schools, and Graham Park Middle School in particular, Lillian established and coordinated the "Back to School Stay in School" tutoring program. The "Back to School Stay in School" program was a national program of the NAACP.

In 1983, Congress passed, and President Ronald Reagan signed into law, the Dr. Martin Luther King, Jr. national holiday. Today thousands of people gather at Hylton Memorial Chapel to celebrate the King holiday with the members of Delta Sigma Theta Sorority and the Prince William County Education Foundation. While many in attendance are educators in Prince William County, few know that the Prince William County School Board originally designated the King holiday as a teachers' workday. As Chairman of the Prince William County Branch NAACP Education Committee, Lillian successfully engaged the branch in opposing this decision. Because of her leadership and that of the NAACP, Prince William County Public School employees now celebrate and honor Dr. King's birthday as a paid holiday and not a teachers' workday.

While Lillian is no longer able to be the advocate for human and civil rights she once was, she remains an important icon in Prince William County. She has received numerous awards in recognition of her important contributions. Her devoted husband, Carroll Porter, of fifty five years of marriage; son Curtis Porter, daughter-in-law, Toni Clemons-Porter and granddaughter, Jillian, are her biggest fans.

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## Resident Birthdays

|                       |             |
|-----------------------|-------------|
| Charlie Dolinger..... | February 2  |
| Janet Sylvain.....    | February 4  |
| Tae Sun Crawford..... | February 14 |
| Grace Close.....      | February 20 |
| Virginia Wray.....    | February 20 |
| Muriel McGee.....     | February 22 |
| Sylvia Urani.....     | February 25 |
| Worpan Au.....        | February 27 |



## Staff Birthdays

|                         |             |
|-------------------------|-------------|
| Fatmata Sesay.....      | February 1  |
| Scarlett Huang.....     | February 4  |
| Jessica Williams.....   | February 13 |
| Jane Malaka.....        | February 14 |
| David Mendegila.....    | February 14 |
| Mark Rowe.....          | February 17 |
| Jocelyne Marc.....      | February 18 |
| Sandy Miller.....       | February 20 |
| Keith Jones.....        | February 22 |
| Life Agyare.....        | February 23 |
| Goodluck Ugochukwu..... | February 27 |

## Congratulations to our Shining Star!



CNA Natalia Khvatik is a warm, caring individual who also has perfect attendance. Respected by her peers, she is flexible and always ready to assist. She makes all residents and family members comfortable with her caring ways. Congratulations to Natalia, our Shining Star for January!

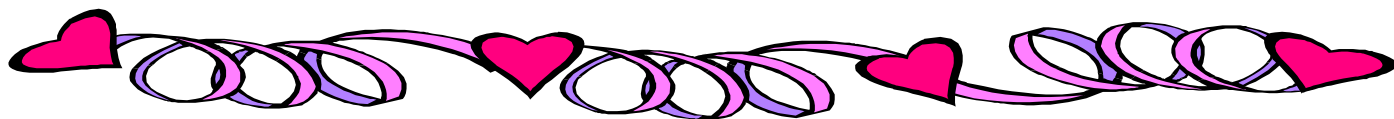
## February Birthdays

If you were born from January 20-February 18, you are an Aquarius, the Water Bearer. If you were born from February 19-March 20, you are a Pisces, the Fish. Aquarians are very original and independent thinkers. They are emotional, intuitive people who have a great desire to help humanity. Pisces are mysterious and alluring. They are very creative and imaginative people, leading them to pursue the arts and reject a nine-to-five life.

|                                |               |
|--------------------------------|---------------|
| John Ford (director)           | Feb. 1, 1895  |
| Norman Rockwell (painter)      | Feb. 3, 1894  |
| Laura Ingalls Wilder (author)  | Feb. 7, 1867  |
| James Dean (rebel)             | Feb. 8, 1931  |
| Jack Lemmon (actor)            | Feb. 8, 1925  |
| Michael Bloomberg (mayor)      | Feb. 14, 1942 |
| Harvey Korman (comedian)       | Feb. 15, 1927 |
| Louis Comfort Tiffany (artist) | Feb. 18, 1848 |
| Jackie Gleason (actor)         | Feb. 26, 1916 |
| Elizabeth Taylor (actress)     | Feb. 27, 1932 |

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*You're invited  
to a  
Sweetheart Social  
Tuesday, February 15<sup>th</sup>  
6:30 p.m.  
Light refreshments  
Door prizes*

